

**VITA**  
**L. Tyler Wadsworth III, MD, FACS**

**FORMAL TRAINING**

**A. Predoctoral Education**

**Degree(s):**

1982 Bachelor of Science, Zoology, Magna Cum Laude, North Carolina State University, Raleigh, NC

**B. Doctoral and Postdoctoral Education**

**Degree:**

1986 Doctor of Medicine, University of North Carolina School of Medicine, Chapel Hill, NC

**Residency:**

1986-89 Family Medicine, Hennepin County Medical Center, Department of Family Practice, Minneapolis, MN

**Fellowship:**

1989-1990 Primary Care Sports Medicine, Hennepin County Medical Center, Minneapolis, MN

**C. Current Licensure and Board Certification**

1993-Present Missouri State Board of Registration for the Healing Arts, 103386  
Diplomate, American Board of Family Practice, 1989, Recertified 1996, 2003-2013, 2013-2023  
Certificate of Added Qualifications in Sports Medicine, 1993, Recertified 2002, 2012

**II. PROFESSIONAL EXPERIENCE**

2015 to Present Attending Physician, St. Louis Medical Clinic, St. Louis, MO  
2012 to Present Adjunct Associate Professor, Department of Family and Community Medicine, Saint Louis University School of Medicine, St. Louis, MO  
2009 to Present Medical Director, Athletic Training Education Program, Department of Physical Therapy and Athletic Training, Doisy College of Health Sciences, Saint Louis University, St. Louis, MO  
2005 to Present Medical Director, Sundance Clinical Research, LLC, St. Louis, MO  
1997 to Present Attending Physician, CEO, Sports Medicine Consultants, PC, St. Louis, MO  
2014 to 2015 Attending Physician, Total Access Urgent Care, St. Louis, MO  
2012 to 2014 Attending Physician, Advanced Orthopedics and Sports Medicine, St. Louis, MO  
2009 to 2012 Associate Professor, Department of Family and Community Medicine, Saint Louis University School of Medicine, St. Louis, MO  
2007 to 2009 Assistant Professor, Department of Family and Community Medicine, Saint Louis University School of Medicine, St. Louis, MO  
2007 to 2012 Program Director, Saint Louis University Primary Care Sports Medicine Fellowship, Department of Family and Community Medicine, Saint Louis University School of Medicine, St. Louis, MO  
1994 to 2007 Medical Director –St. John's Mercy Sports & Therapy Center, St. Louis, MO  
2001 to 2006 Assistant Medical Director, St. John's Mercy Cardiopulmonary Rehabilitation, St. Louis, MO  
1993 to 1994 Instructor, Orthopedic Surgery, Washington University Medical School, St. Louis, MO  
1990 to 1993 Attending Physician, St. Croix Valley Clinic, Stillwater, MN

### III. RESEARCH EXPERIENCE

- A. **Published: Over 20 Published Peer-Reviewed Journal Articles, Chapters in Sports Medicine Textbooks, Newspaper Articles and Editorials**
- B. **Invited Presentations: Over 100 Regional, National, and International presentations on a range of sports medicine topics including Sports-Related Concussion, Tendon Injuries, Shoulder Injuries, Return to Play, Pediatric Sports Injuries, and other key sports medicine topics.**

### IV. GRANT and CONTRACT AWARDS

**Principal Investigator for nearly 100 clinical trials of medications and other therapies to improve medical care.**

### V. HONORS

Missouri Sports Medicine Hall of Fame, Inducted June 2014, Missouri Athletic Trainer's Association  
Medical Honoree, 2014 St. Louis Walk to Cure Arthritis  
Castle Connolly Top Doctors, 2013-2015  
Best Doctors, 2011-2012  
Leadership Award, Arthritis Foundation, Eastern MO Chapter, 2005  
Outstanding Programs and Services Volunteer, Arthritis Foundation, Eastern MO Chapter, 2001  
Distinguished Service Award, Arthritis Foundation, Eastern MO Chapter, 2001

### VI. PEER REVIEW ACTIVITIES

#### **Editorial Boards**

2004 to 2009      *Postgraduate Medicine*  
1995 to 2000      *The Physician and Sportsmedicine*

#### **Manuscript Reviewer for Publications**

2012      *ACSM's Sports Medicine: a Comprehensive Review*, Ed. O'Connor, FG et al, Wolters Kluwer Lippincott Williams & Wilkins, Philadelphia, Pennsylvania, 2013  
2010 to Present      *The Physician and Sportsmedicine*  
2008 to Present      *Current Sports Medicine Reports*  
1999 to Present      *Medicine and Science in Sport and Exercise*

### VII. CONSULTATION ACTIVITIES

#### **A. Medical Director**

Athletic Training Education Program, Department of Physical Therapy and Athletic Training, Doisy College of Health Sciences, Saint Louis University, St. Louis, MO, May 2009 to Present  
Chief Medical Review Officer, Saint Louis University Athletics Department, St. Louis, MO, 2007 to Present  
Sundance Clinical Research, 2005 to Present  
Center for Orthopedic Surgery and Sports Medicine, Belleville, IL, June 2007 to 2012  
Lewis & Clark Marathon, 2006 to 2008 (Associate Medical Director, 2009 to 2010)  
St. John's Mercy Sports & Therapy Center, St. Louis, MO, 1994 to 2007  
Assistant Medical Director, St. John's Mercy Cardiopulmonary Rehabilitation, St. Louis, MO, 2001 to 2006

- B. Team Physician at professional, college, and high school level since 1989, including serving as a consultant to the Pittsburgh Pirates and volunteering as a Team Physician at Saint Louis University and several local high schools. He has served as Medical Director for the Lewis and Clark Marathon and Medical Volunteer at the Go! St Louis Marathon for many years.**

## **VIII. SERVICE**

### **A. Community Service**

Inter-Association Task Force on Preventing Sudden Death in Secondary School Athletics Programs, American Medical Society for Sports Medicine/National Athletic Trainer's Association, 2013 to 2015  
Advisory Board, Missouri Chapter, Arthritis Foundation, 2010 to Present  
Chair, Board of Directors, Arthritis Foundation, Eastern MO Chapter, 2006 to 2008  
Medical and Scientific Committee, Arthritis Foundation, Eastern MO Chapter, 2006 to 2010  
Board of Directors, Arthritis Foundation, Eastern MO Chapter, 1995 to 2010  
Chair, Public Education and Awareness Committee, Arthritis Foundation, Eastern Missouri Chapter, 1995 to 2006

### **B. Radio or Television**

Multiple television interviews on sports medicine and physical activity issues (KSDK, KMOV, KDNL, Public Access).  
Multiple radio show appearances on sports medicine and physical activity issues (KMOX, KTRS, KSHE, KEZK).  
Multiple print media interviews and citations on sports medicine issues (St. Louis Post Dispatch, West County Journal, Suburban Journals, Sauce Magazine).

## **IX. PROFESSIONAL and HONORARY ASSOCIATIONS**

### **American College of Sports Medicine, Indianapolis, IN**

Fellow, 2015 - Present  
Member, 1989 - Present  
Medical Education Committee, 2010 to 2014  
Course Director, American College of Sports Medicine International Team Physician Course—  
Monterey, Nuevo Leon, Mexico, November 2003

### **American Medical Society for Sports Medicine**

Board of Directors, 2011-2015  
Chair, Publications Committee, 2013 – 2015  
Chair, Pronouncements Committee, 2011 – 2012  
Co-Chair, Publications Committee, 2011 – 2013  
Charter Member, 1991 -- Present